

# Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

March 2020

VOLUME 3, ISSUE 7



## From the Principal

Dear Cascade Families,

As we move into Spring, the signs of transitioning into a new season are not limited to longer days and (hopefully) more pleasant weather conditions, they also appear within our school community as well. In March, all students will be preparing for what comes next. For our 12<sup>th</sup> graders, that means working towards a strong finish and graduation. For students in grades 9-11, that means registering for next year's courses. For current 8<sup>th</sup> graders, that means the start of the exciting transition into high school.

As we move into this season, students in grades 8-11 will be pre-registering for their classes for the 2020-2021 school year. Naturally this is a process that can cause anxiety in many, but it does not have to. Our registration process begins in full at the end of February, with schoolwide messaging and distribution of the course catalog for high school. Our students have High School and Beyond Plans in Naviance, which if you haven't or don't know how to access, please have your student show you. It's one of the ways to engage them in a conversation about their future educational, career, and life plans.

As students move into March, each student will have a period session with their counselor to select their courses for next year. The goal is to support both their progress towards meeting state graduation requirements as well as moving them towards their goals for their future. The 2020-2021 course catalog is online, and I ask that you please take some time to talk and review their plans for the next school with them. I strongly encourage helping your student find the appropriate balance between academic challenge and school-extracurricular-life balance. With only 4 years in high school, we want to ensure that the time they spend challenges, enriches, and supports them in becoming confident and strong adults.

To learn more about course offerings and better support their academic planning, please attend our Spring Open House event on March 4, 2020. More details about this event can be found in this newsletter. If you have any questions about registration, please do not hesitate to contact myself, your student's administrator or counselor. We want to help make the best decisions for our students' futures.

Sincerely,  
Michael Takayoshi  
Principal, Cascade High School  
[Mtakayoshi@everettsd.org](mailto:Mtakayoshi@everettsd.org)

**Michael Takayoshi**  
Principal

**Cascade High School**  
801 Casino Road,  
Everett, WA 98203  
[www.everettsd.org/cascadehs](http://www.everettsd.org/cascadehs)

**March 4**

Registration Open House

**March 6**

Learning Improvement Friday

**March 13**

Learning Improvement Friday

**March 20**

Learning Improvement Friday

**March 27**

Full Day - PAWS Schedule



# Connected By The **CRIMSON**

## 2020-21 Registration Open House

Wednesday, March 4, 2020

6:00 pm to 8:00 pm - Cafeteria

Curriculum Fair

Refreshments

6:00 pm - 8:00 pm - Library

Clubs/Sports/Activities Fair

Come find out about curriculum offerings for next year's courses!

This event is for all current 9th, 10th, 11th grade students and families!

[2020-21 CHS Registration Video](#)



# CASCADE HIGH SCHOOL

## Associated Student Body

Dear Cascade Students and Families,

February is officially over and we are quickly approaching the spring season! With this month of March arriving in a timely fashion, I am immensely excited about what is to come for our student body! I would first like to reflect on the past accomplishments of many of our students within the chilly yet aspiring months of January and February.

So far this semester, we have seen much engagement from our student body through activities, volunteering, and other achievements. In January, our Black Student Union club planned and executed our Martin Luther King assembly shortly after our unplanned snow break and was appraised by many of our students as it included many of the remarks from our students of color. They incorporated cultural Dances and Poems in honor of the late Martin Luther King Jr., and how he broke the barrier that allows many of the schools across America, much like our own, to have a wide variety of diverse students aboard our campus. Also, our leadership students held our 2nd De-Stress with many activities such as a "Finals Fun Wheel", that allowed many students to receive a prize for their hard work at Cascade.

In February, our very own Cascade Pep Band was selected to perform for the USA Women's FED Cup Tennis team, as well as the drumline playing the US Tennis team out to the floor. Following this, we had several athletes from Girl's Bowling, Boy's Swim, Girl's Wrestling, and Boy's Wrestling enter into their corresponding district competitions. We can't wait for our athletes to make us proud, and I'm sure they won't let us down. Furthermore, our Girl's Bowling recently placed 4th at state with one of our seniors placing 6th in an individual competition, and our Cheer team placed 5th place Co-Ed Non Tumbling in their State Competition in Portland, Oregon. Wait a minute, let's not forget our Choir members for their commemorating performance that led them to state! In addition to this, we also held a Valentine's day event which incorporated a "Match-O-Matic" survey, which helped match students with who they are most compatible with. Not to mention, we also sold stuffed Koalas/Kangaroos for a Valentine fundraiser that helped the Australian Wildfires and held a 3-day card making session in the Library to give students the opportunity to allow them to make a Valentine during their lunch. Lastly, to end the month; our leadership and associated student body government class planned our TOLO & Blacklight dance. February was truly a Fantastic month of sorts!

This month, we will be starting off with a Bingo Night on the first Friday of the month (3/6), that will be held by BCP. ASB will also begin working on the overall ASB budget for the upcoming school year of 2020-2021 as they begin to take in account the projected expenditures and revenues of all Clubs and Sports. Following this, we will also be holding our second Senate/Stuco meeting of this semester. With these first two meetings, we plan to work on using the new student council reps in addition to the senate reps to compile a sense of how the student body feels about Homecoming, and if Court is a concept in which our students feel is fair and equitable to the whole school. Also, at the end of the month, Cascade will be hosting the Annual Snohomish County Transition Fair (3/24: 2pm-8:30pm). Shortly after, the leadership team will be hosting the Cascade Talent Show @ Everett Civic Auditorium on Friday, March 27th.

As always, I am thrilled for all of the future possibilities in the growth within this school and its community. It is truly an honor to be able to represent the student body for such an incredibly diverse and lovely crowd of over 1800 students. We plan to continue to work towards incorporating new ideas to form Cascade High School into a more inclusive and wholehearted community for the rest of this year. In hopes, it transcends towards future years to come and further prove that "**We are truly all Connected by the Crimson.**"

**Kind Regards,  
Hilton Nguyen  
ASB President  
Cascade High School**

A stack of pancakes on a white plate, topped with butter and fruit, set against a dark background. The pancakes are golden brown and the butter is melting. The fruit includes orange slices and strawberries.

# SATURDAY ACADEMY & PANCAKES

JOIN US FOR DELICIOUS FOOD  
AND HELP WITH SCHOOL WORK!

MARCH 14, 2020  
8:00 TO 11:00 AM  
CHS LIBRARY

DO YOU NEED AN OPPORTUNITY TO GET  
CAUGHT UP? DO YOU NEED SOME  
ACADEMIC TUTORING? DO YOU NEED  
PANCAKES? THEN SATURDAY ACADEMY  
IS FOR YOU!





# Class of 2020 Information!



## [Class of 2020 Timeline](#)

## [Graduation/Jubilation Speaker Applications & Timeline](#)

Hello, graduating class of 2020, and parents. This is Erin Cotton, the Senior Class President with some important dates and events covering the month of March. Second Semester will go by faster than you know it, so it will be very important for parents and students to stay aware of what events and opportunities will be coming up.

In March, we will be selling class t-shirts and fanny packs for seniors. The exact sell dates, designs and prices are still being decided, so look out for those announcements to be included in those fundraisers. We also are having graduation announcements for the yearbook. These will be due very early in March on the 5th. So be sure that you have those ready to send in. If you would like any more information on these, please contact the yearbook department at Cascade High School.

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## 2020 Presidential Inauguration

Students the 2020 Presidential election will soon be here, and it will be historic! We are planning a trip to the East Coast to witness the next Presidential Inauguration in DC! Please consider joining us on this once in a lifetime opportunity to participate in Democracy in action! If interested, please contact Ms. Webster at [Mwebster@everettsd.org](mailto:Mwebster@everettsd.org) or 425-385-6177. Stay tuned for Spring meeting date regarding fundraising and itinerary details coming in April/May.



## Volunteers Needed!

Teens loved our Valentine's Cardmaking Makerspace activity in the library.

Next up: a fun sewing project! Please let us know if you have spare fabric or sewing notions lying around. We would love donations.

Do you have mad sewing skills?

Contact Amalia Pimenta in the library to volunteer if you have district permission.

Thanks! Amalia Pimenta [apimenta@everettsd.org](mailto:apimenta@everettsd.org)



# Guten Tag!



Can you host an exchange student in the fall? German exchange students from our partner school are coming Sept. 26-Oct. 10. While the German students are here, they spend some time at school, but they also go on excursions to Seattle, Boeing and Vancouver B.C. If you are willing and able to host a student, we would be grateful! Hosting an exchange student is a great way to learn about the world and create an international connection between your family and the German student's family. The exchange students do not need to have their own room, but they do need their own bed and some space for their belongings. Please

contact me if you can host an exchange student!

Kathy (Frau) Lockwood

[klockwood@everettsd.org](mailto:klockwood@everettsd.org)

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## CHS Band Represents at Fed Cup!





**Studies are Bruin in the Library!**

**Mondays, Tuesdays,**

**Wednesdays, Thursdays**

**Library Open 2:10PM – 3:30PM**

**\*MATH TUTOR AVAILABLE\* Do Homework**

**Study for Assessments**

**TECH ASSISTANCE**

**Meet with a Project/Study Group**

**READ**

**Come join us in the CHS Library!!!**

**Activity Bus available at 4pm**





# CASCADE HIGH SCHOOL

## Attendance Policies

**Lisa Haines, Attendance Secretary**

**(425) 385-6004**

**To excuse an absence or tardy,  
please do one of the following as stated below.**

Welcome to the 2019-20 school year.

Please read the information below outlining the CHS Attendance procedures.

- 1) **Written notes (paper) or an e-mail to [chsattendance@everettsd.org](mailto:chsattendance@everettsd.org) are required to excuse a student's absence. You can also send a fax to (425) 385-6002 to excuse your student.** Phone calls reported to the attendance line need to be followed up with a note or e-mail.

Students who are running late to class in the morning or anytime during the school day, who do not have a note excusing their tardy or absence, will go directly to class. If the student has a note from a parent/guardian or doctor's note they will stop by the attendance office to receive a late pass to class. If your student needs to leave early for an appointment during the school day please send a written note and have your student drop it off to the attendance office. I will write them a pass to give to their teacher stating the time they need to leave class for the appointment and send them to the attendance office to sign out.

Students are not permitted to leave school or meet a parent in the parking lot. For safety reasons, parents/guardians on record with the school must come into the Attendance Office to sign out their students.

If a student leaves school without permission and without signing out in the Attendance Office, their absences will remain **unexcused**.

**Do NOT text or call your student during class to have them leave.** Teachers do not allow students to leave unless the Attendance Office calls to authorize it.

- 2) **Students must turn in their notes to excuse previous absences, early dismissals, bus notes, written by a parent, by 10:00 a.m. in the morning.** If your student forgets to turn in their absence note, they are welcomed and encouraged to bring it within the 30-day timeframe.
- 3) **Notes must be turned in within 30 days after a student returns back to school,** not including holidays or weekends, in order to have the absence excused. Notes turned in past the 30-day timeframe will be accepted; however, the absence is not excused and will be coded with **LN for late note**.





- 4) **IF you receive a phone call saying your student was marked absent in a class** and they say to you, “I was there,” please contact the teacher directly about this discrepancy or have your students stop by the attendance office for a pink Attendance Correction Request slip. The student will need to take care of this with the teacher who marked them absent. The teacher is the only one that can give permission to change an absence that is deemed a “mistake” as they are the only one who can verify if a student was in class, in the wrong seat or tardy. The 30 day policy or before 10:00 a.m. policy does not apply for fixing these mistakes.
- 5) If your student is out of school **over 5 days due to illness, a doctor’s note is required to excuse the absence. Homework can be requested for students out sick over 3 days.** Please be aware that we require 24 hour’s notice to teachers for homework collection. You are welcome to email teachers directly to request schoolwork.
- 6) **Pre-Arranged absence request:** If your student is going to be out of school due to vacations, surgeries, tournaments, appointments, etc., a pre-arranged absence form is required. These forms are found on-line or in the attendance office. This must be filled out by the student and signed by all teachers along with parent/guardian. The Principal will review and consider all Pre-Arranged absence requests before approval.
- 7) **PLEASE know what time your student has lunch or is in a PE class.** It is ***not possible to find your student during lunch and extremely difficult to find them during PE.*** If you must pick them up during either of these times, please send a note with your student asking for them to be dismissed at a specific time. Your student will bring that note to the attendance office before school begins to pick up a pass that will allow them to meet you at the attendance office at the time specified.
- 8) **Please remember that if your student missed the bus, overslept or is running late, or had car trouble, the absence will not be excused per ESD policy.**
- 9) **The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:**
  - **Illness**
  - **Appointment**
  - **Funeral**
  - **Emergency gious Observance**





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CLOTHING  
COMPANY**

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CASCADE CLOTHING COMPANY  
**JODI JACOBS**  
JJACOBS@EVERETSD.ORG  
425.385.6127



# PS

*The Pride Shop*

CASCADE

HIGH SCHOOL

SPIRIT WEAR

FOR MORE INFORMATION EMAIL:  
JJACOBS@EVERETTSCHOOLSDISTRICTS.ORG



## FREE learning tools for your entire family

Did you know that with your parent LMS user name and password, you have access to a powerful resource provided also to students and staff with their district logins? Hoonuit (formerly Atomic Learning) is a key partner in our dedication to providing the highest quality technology training resources.

Our subscription to Hoonuit includes:

- The Microsoft® Office Suite
- Adobe Suite
- Google Drive/apps/doc/form
- Internet Safety
- Career Skills training for personal career advancement
- Completing a FAFSA training for college planning
- Access for staff, students and their families 24 hours a day, 7 days a week.
- More than 50,000 step-by-step technology tutorials.

Go to [www.atomiclearning.com/login/everettsd](http://www.atomiclearning.com/login/everettsd) and log in with your district username and password. Need a login and password? Email [LMS@everettsd.org](mailto:LMS@everettsd.org).

## Kindergarten registration begins this month

Do you have a child who will be 5 years old by Aug. 31, 2020? Registration begins March 2, at all 18 district elementary schools.

Which school will your kindergartner attend? To find out, go to our school search page [here](#), or call the transportation department at 425-385-4144.

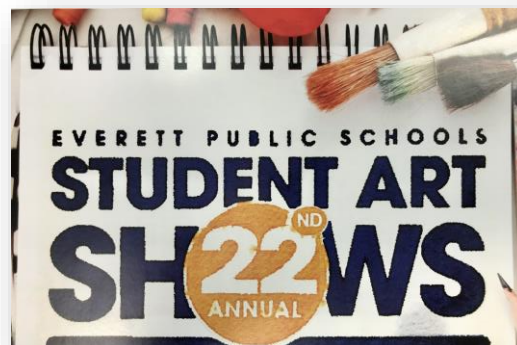
## Classified Employee Week

March 2 - 6, help us recognize the important work classified staff does for schools and students every day. We encourage you to take a moment and say thank you to office staff, crossing guards, paraeducators, maintenance staff, bus drivers and the many other classified staff who help schools and the district function smoothly.

## 22nd annual student art shows

Everett Public Schools, in partnership with Everett Public Schools Foundation, is pleased to display the work of student artists at the Community Resource Center. See the art on display during regular business hours (7:30 a.m.-4:30 p.m.) or during a reception.

- Elementary school Art Show: February 25 – March 20, viewing only
- High school Art Show: April 6-24, reception on April 15
- Middle school Art Show: May 4-28, reception on May 27





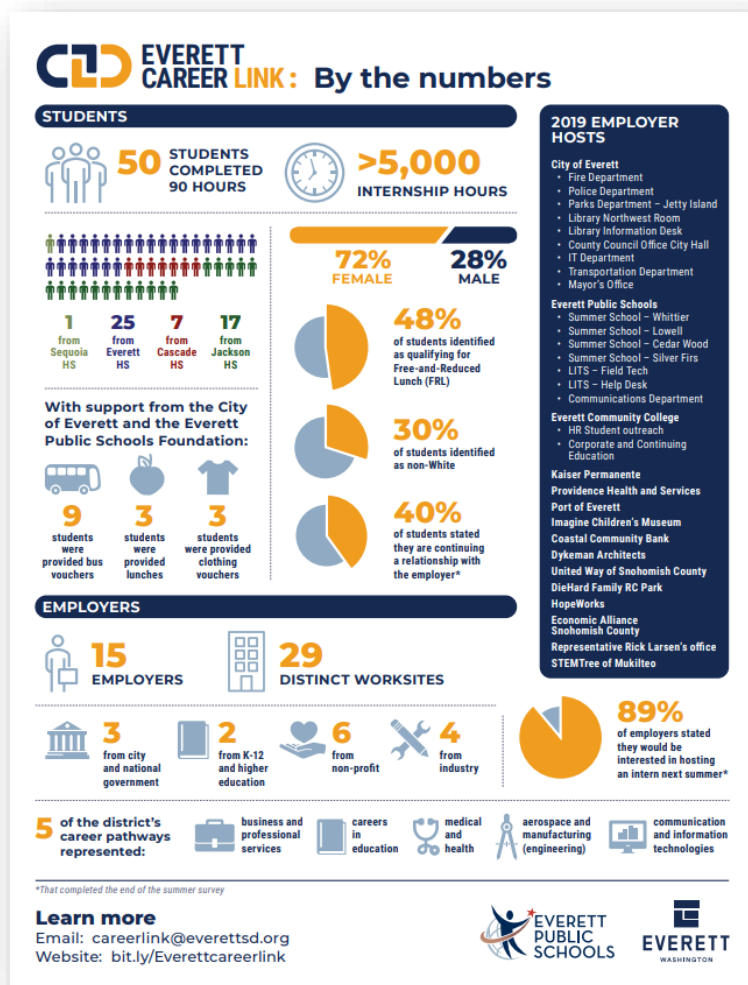


# High school summer internships

Summer 2020 will be year two of Everett Career Link, a partnership between the City of Everett and Everett Public Schools which offers high school students internship opportunities. Last summer, 50 students completed the Everett Career Link 90-hour summer internship and received high school credit. These students were hosted by employers representing 29 worksite locations. An overview of last summer's program can be found below and you should expect more information about the summer 2020 program to be available soon.



Questions about the program can be directed to each high school's Career Specialist or Career Connected Learning Internship (CCLI) Facilitator at each school. The CCLI Facilitator at JHS is Daniel Mills ([dmills@everettsd.org](mailto:dmills@everettsd.org)), at CHS is Bree Youngberg ([byoungberg@everettsd.org](mailto:byoungberg@everettsd.org)) and at EHS is Tammy Price ([tprice@everettsd.org](mailto:tprice@everettsd.org)).





## Calendar update



On January 28, 2020 the school board approved the 2019-20 school calendar update. We've had three snow days, so the last day of school has changed. As of today, the last day of school is June 18 (keeping in mind this date is subject to change).

Go to [www.everettsd.org](http://www.everettsd.org) for updated At-a-glance and student art calendars, English and Spanish versions.

## Harvest of the month

This month, the Food and Nutrition Department brings you broccoli grown in the PNW! Be sure to give it a try this month by choosing our broccoli salad or roasted broccoli menu option.

Did you know that broccoli is an excellent source of so many vitamins and minerals like Vitamin A, K and folate? Find out more by checking out the Harvest of the Month flyer on our website at <https://www.everettsd.org>



Brocc and Roll!

## Remember to register to vote

By registering to vote, either in person or online, you are able to exercise a basic democratic right.

1. In person -- You may register to vote or change your registration at Snohomish County Elections, 3000 Rockefeller Ave, Everett, 1st Floor, Admin Bldg West.
2. Online -- If you have a valid Washington state driver's license, you may register with the [Secretary of State](#) quickly and easily online. You may also download a voter registration form in several languages from that site.
3. Online – Visit the district's bond 2020 page at [www.everettsd.org/bond2020](http://www.everettsd.org/bond2020) and click on “register to vote” on the left hand side. To learn details about elections, visit the [Snohomish County Elections](#) website.

## Daylight savings time begins March 8

Sunrise and sunset will be about 1 hour later on Mar 8, 2020 than the day before. There will be more light in the evening. Also called Spring Forward, Summer Time and Daylight Savings Time.



## Do not miss out!

Our school is using Peachjar to send flyers home electronically.

Just go to the front page of our school website and click on the Peachjar Eflyer button to check it out. You do not need to login to receive or view school eflyers.



No action is required on your part. You should have already received a welcome email from Peachjar that includes a username and password. This is provided to give you the opportunity to manage your account and flyer delivery preferences. Don't worry if you've forgotten your password, you can reset it at any time.

This system is used exclusively for distribution of school-approved flyers. Your email address will not be shared or used for any other purpose.

## Update emergency contacts

Please call your school if your phone number or emergency contact information changes at any time during the school year. This is the contact information used by the Everett Public Schools automated phone system in emergencies and to share important school information with families.



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Title IX Officer/Civil Rights Compliance Officer – Mary O'Brien, [MO'Brien@everettsd.org](mailto:MO'Brien@everettsd.org), 425-385-4106
- 504 Coordinator – Becky Ballbach, [rballbach@everettsd.org](mailto:rballbach@everettsd.org), 425-385-4063
- ADA Coordinator – Randi Seaberg, [rseaberg@everettsd.org](mailto:rseaberg@everettsd.org), 425-385-4104